



## December 2024

As we approach the end of the year, we reflect on the incredible impact the Brien Center continues to have on the lives of individuals in our community. Our dedicated staff, programs, and supporters have made a difference in countless lives, and we are deeply grateful for all who have contributed to our mission.

### A Commitment to Healing: An Employee Reflection

At the Brien Center, the work we do is fueled by the passion and dedication of our staff. One of our employees shared this heartfelt reflection:

"What inspired me to join the Brien Center was wanting to give back what was given to me. It takes a certain kind of person to work with those that are going through troubled times. I want to help those who are suffering today. I want to help people suffering from mental illness, addictions and dual diagnosis. Those that come to the Brien Center are in search of peace of mind. I want to give that to them even if it's just in today. My experience after three years has opened my eyes and given me the drive to help others. You can read as many books as you want about mental illness but until you've actually witnessed it or experienced it yourself you do not see the damage that it can cause an individual who is suffering or their families. It makes me want to learn more and contribute more whether it's an ear to listen, advocating or searching for more resources to help another in need. I think the biggest achievement during my time at the Brien Center is when a client who hasn't smiled in a long time laughs at one of your jokes or just looks at you and says thank you, you've really helped me. I appreciate the diversity we share, the open mindedness that the Brien Center staff have, the no judgement zone and the vast amount of programs offered by the Brien Center." Sandra M. Brien Center Employee

### Help Us Continue Making a Difference:

As we wrap up 2024, we are reminded that the Brien Center's work is made possible by the generosity of donors, employees, and supporters like you. Your contributions allow us to provide much-needed services for individuals struggling with mental health challenges, substance use, and dual diagnoses.

This holiday season, we invite you to join us in making a lasting impact. Your

donation will help expand our programs and support the individuals who rely on The Brien Center for healing and hope.

How Your Gift Makes a Difference:

- Enhanced access to mental health and substance use care
- Expanded crisis services and treatment programs
- Reduced stigma through community education on mental wellness

Your gift is more than just a donation; it's an investment in the well-being of our community. Every contribution, no matter the amount, helps make a difference in the lives of those who need it most.

**Donate Today Thank You!**

Keep in touch!



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