



March 2025

Celebrating One Year of the Peer Recovery Center!

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### **Celebrating Recovery and Raising Awareness**

March is National Gambling Awareness Month, and we are proud to highlight both the importance of responsible gambling practices, and the incredible progress made at the Have Hope Peer Recovery Center as we celebrate its 1-year milestone of supporting individuals on their journey to recovery.

### **National Gambling Awareness Month: A Call for Action**

Every March, National Gambling Awareness Month (NGAM) provides an opportunity to educate our community about the risks of gambling addiction and promote responsible gambling behaviors. This month is dedicated to raising awareness about gambling disorder, sharing the signs of addiction, and highlighting available resources for support.

#### **Did You Know?**

- Gambling addiction can have serious emotional, financial, and psychological consequences.
- It's often a hidden struggle, affecting individuals and families in ways that may not be immediately visible.
- Help is available for those struggling with gambling, including counseling services, support groups, and treatment options.

At the Brien Center, we are committed to providing confidential and

compassionate support for individuals facing gambling disorders. If you or someone you know is struggling, we encourage you to reach out for help.

## Celebrating One Year of Peer Recovery at the Brien Center

We are thrilled to celebrate one year of the Have Hope Peer Recovery Center and the countless lives it has touched over the past 12 months. This milestone represents the dedication and hard work of both our staff and the individuals who have chosen to walk the path of recovery with us.

### What We've Accomplished:

- Over the past year, the Have Hope Peer Recovery Center has provided vital peer-led support services, offering those struggling with various addictions a sense of community, hope, and guidance.
- Our recovery coaches and peer specialists have helped individuals develop personalized recovery plans, providing support during their most challenging times.
- The center has hosted numerous group sessions, workshops, and one-on-one meetings, helping participants build stronger coping skills and connect with others on the same journey.

## A Heartfelt Thank You

We want to express our gratitude to everyone who has been a part of this journey—our dedicated staff, the individuals in recovery, and the community members who have supported our efforts. Your commitment has made a real difference.

## The Power of Peer Support

The Peer Recovery Center has proven that peer support is an invaluable part of the recovery process. Individuals who have lived through addiction can offer a unique perspective that fosters hope and encouragement. The peer recovery model empowers individuals to take ownership of their recovery and find strength in shared experiences.

*"Recovery is possible when we come together as a community and support each other. Our Peer Recovery Center is about connection, healing, and empowerment."*—Rebecca Dodge, Program Director

## What's Next?

Looking ahead, the Have Hope Peer Recovery Center is committed to continuing its mission of helping individuals heal and reclaim their lives. We are expanding our services and increasing outreach in the community to reach more people who need help.

### Key Upcoming Events:

- **Gambling Awareness Workshops:** As part of National Gambling Awareness Month, we will be hosting informational workshops focused on understanding gambling addiction, recognizing its signs, and learning about available treatment options.
- **Peer Recovery Celebrations:** We will be holding special events to celebrate the 1-year milestone of the Have Hope Peer Recovery

Center. The center is located at 37 Main Street, Suite 201, North Adams.

## Support is Available

If you or someone you know is struggling with gambling, help is available. Reach out to the National Problem Gambling Helpline at 1-800-522-4700 or visit websites like [www.ncpgambling.org](http://www.ncpgambling.org) for more resources. The Brien Center is here to help. Our team is ready to support you on your journey to recovery. Please call us at 413.499.0412 or visit [briencenter.org](http://briencenter.org) to learn more.

We're Hiring! New Benefits and New opportunities - Apply Today!

Keep in touch!



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